

CLINICAL DOCUMENTATION: MDD

THE DIAGNOSIS	Major Depressive Disorder (MDD) Moderate or Severe, without Psychosis
COMMON CONDITIONS INCLUDED IN HCC GROUP: 155	<p>Major depressive disorder, single episode, moderate (F32.1)</p> <p>Major depressive disorder, single episode, severe without psychotic features (F32.2)</p> <p>Major depressive disorder, recurrent, moderate (F33.1)</p> <p>Major depressive disorder, recurrent, severe without psychotic features (F33.2)</p> <p>Nonsuicidal self-harm (R45.88)</p> <p>“Intentional self-harm” diagnoses – a long list.</p>
V28 MODEL CHANGES RAF score = 0.299	The unspecified and mild stages of MDD no longer map to a RAF value in V28. It is important to remember that you should <u>use the most accurate diagnosis based on your clinical judgement and the DSM-5 criteria</u> . Risk Adjustment Factor (RAF) score decreased slightly.
MEAT the DOCUMENTATION	<p>Assessment and Plan example:</p> <p>Major depressive disorder, recurrent, moderate (F33.1)</p> <p>Generalized anxiety disorder (F41.1)</p> <p>Ms. L presents for a medication management and follow-up. She has been on bupropion and escitalopram for the past 4 months. Today’s PHQ9 is a 14, which is up from 9. Her GAD7 is a 11, which is up from a 7. She appears on edge, is having trouble focusing on our conversation. Her spouse states that she hasn’t found a therapist yet. Discussed with patient and her spouse that cognitive therapy combined with medications has the potential to provide her with the greatest success. Referral provided. Increased escitalopram. F/U in 4 months.</p> <p>M – Signs and symptoms, such as nervous, trouble focusing.</p> <p>E – Test results or vital signs, such as PH9 and GAD7.</p> <p>A – Order tests or patient discussion, such as referral to therapy.</p> <p>T – Medications, therapy, or other modalities, such as cognitive therapy and increasing escitalopram.</p>
IMPACT on QUALITY – HEDIS MEASURES	<p>CMS 2 – Preventative Care and Screening: Screening for Depression and Follow-up Plan</p> <p>CMS 128 – Anti-depressant Medication Management</p> <p>CMS 156 – Use of High-Risk Medications in Older Adults</p> <p>CMS 159 – Depression Remission at Twelve Months</p> <p>CMS 177 – Child and Adolescent Major Depressive Disorder (MDD): Suicide Risk Assessment</p>