

CLINICAL DOCUMENTATION: MORBID (SEVERE) OBESITY

THE DIAGNOSIS	Morbid (Severe) Obesity
COMMON CONDITIONS INCLUDED IN HCC GROUP 48 RAF score = 0.186	Morbidity (severe) obesity due to excess calories – E66.01 Obesity, Class 3 – E66.813 <u>See documentation tip below:</u> <ul style="list-style-type: none"> Severe obesity with comorbidity – E66.01 & Z68.3x Body mass index (BMI) 40 – 44.9 – Z68.41 Body mass index (BMI) 45 – 49.9 – Z68.42 Body mass index (BMI) 50 – 59.9 – Z68.43
KEY CODING or DOCUMENTATION TIPS	BMI diagnoses are secondary diagnoses and <u>should NOT be coded alone</u> . They <u>require</u> a weight related diagnosis in the same encounter. Patients with a BMI of 35.0 – 39.9 and at least one weight related comorbidity should be coded as severe obesity with comorbidity (E66.01). <ul style="list-style-type: none"> Type 2 diabetes, CAD/ischemic heart disease, CHF, hypertension, COPD, OSA, GERD, and hyperlipidemia (HLD).
MEAT the DOCUMENTATION M = Monitor E = Evaluate A = Assess/Address T = Treat	Assessment and Plan example: Severe obesity with comorbidity – E66.01 BMI 37.0 – 37.9 – Z68.37 Hypertension – I10 Hyperlipidemia – E78.5 Ms. L presents today for her well woman exam. BMI today is 37.5. Her blood pressure remains stable on lisinopril. Pt is tolerating her rosuvastatin without any issue. Pt is fasting; therefore, we will get a lipid profile and CMP today. Pt states she is still unable to lose weight despite lifestyle changes. Had discussion with patient regarding the weight loss drug options like tirzepatide. Pt states she wants to think about it due to its cost. M – Signs and symptoms, such as chest pain, palpitations. E – Test results or vital signs, such as lipid profile, CMP, blood pressure. A – Order tests or patient discussion, such as weight loss discussion. T – Medications, therapy, or other modalities, such as rosuvastatin.
IMPACT on QUALITY – HEDIS MEASURES	Morbidity or severe obesity is not considered an advanced illness or frailty diagnosis. Capturing this data is important since we know severe obesity is linked to many other diseases.